

BRING IT ON! BORO

Holiday Activities & Food (HAF) Programme Middlesbrough Annual Report 2022/23









The holiday activities and food programme (HAF)
is funded by the Department for Education



The Holiday Activities and Food (HAF) programme for Middlesbrough was offered during 2022/23 to those children and young people in receipt of benefit related free school meals (FSM) and vulnerable young people.

The aims of the HAF programme were to encourage children and young people to:

-  eat healthily over the school holidays;
-  be active during the school holidays;
-  take part in engaging and enriching activities which support the development of resilience, character and well-being along with their wider educational attainment;
-  be safe and not socially isolated;
-  have a greater knowledge of health and nutrition;
-  be more engaged with school and other local services.

The HAF programme offered the equivalent of 6 weeks holiday provision for eligible children and young people during the specified holiday periods:

Easter

At least 1 week,
face to face,
minimum 4 days.

Summer

At least 4 weeks,
face to face,
minimum 16 days.

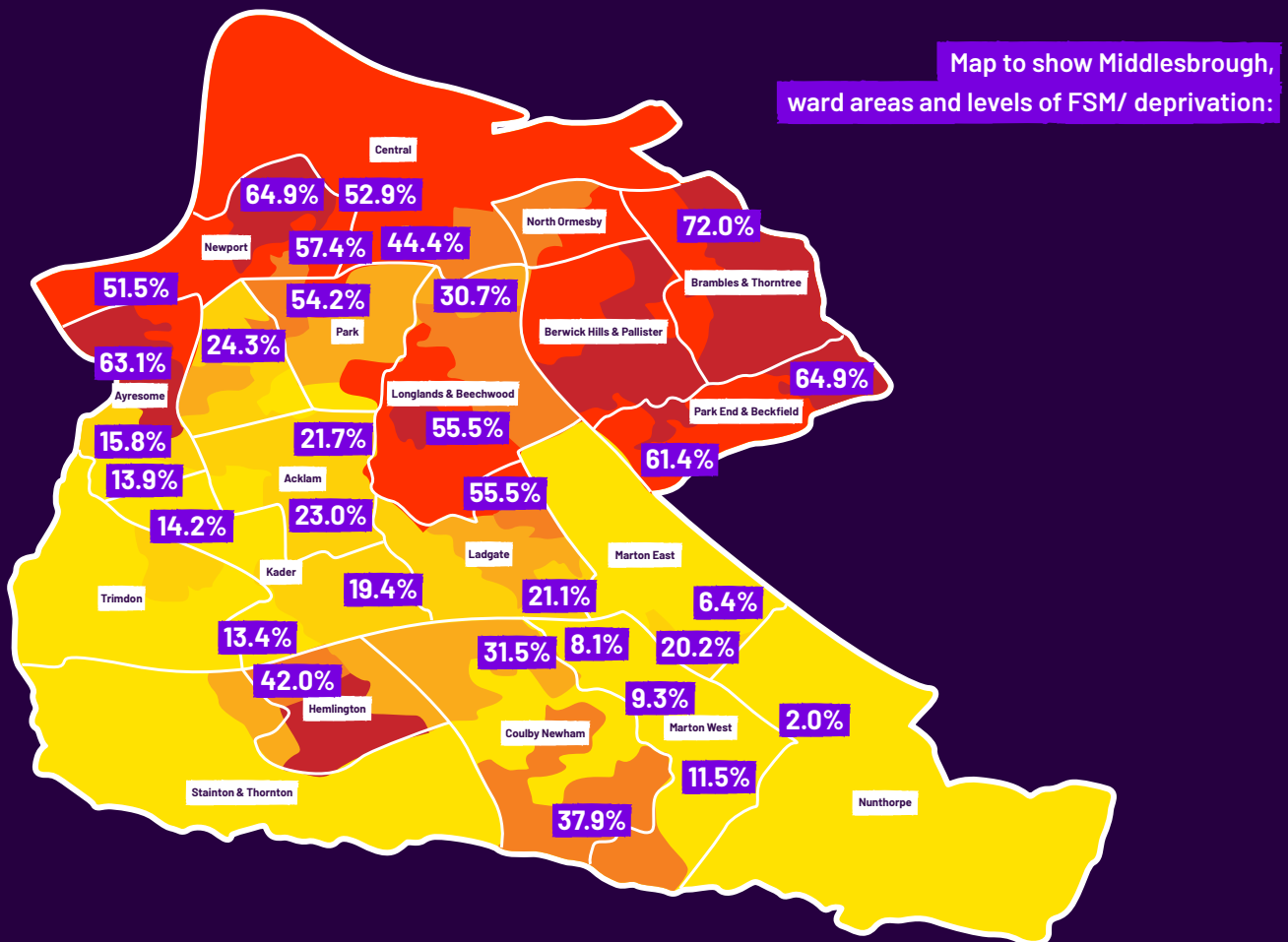
Christmas

At least 1 week of support,
face to face,
minimum 4 days



The programme offered provision to best serve the needs of children and families within the Middlesbrough area, with a rich mix of provision catering for all, over a good geographical spread.

Middlesbrough has high levels of deprivation and has some of the most deprived wards within the country. Mapping of the area indicated areas that were most in need of HAF provision, ensuring a good spread was needed and achieved across the area throughout the year.



Middlesbrough HAF programme is managed by Public Health South Tees and since Summer 2022 has a dedicated team in place to develop and deliver the programme:

HAF Programme Manager: **Karen Deen**

HAF Coordinator: **Lauren Flood**

HAF Apprentice: **Grace Hudson**

HAF Steering Group established January 2023. The Steering Group currently consists of members from Public Health South Tees, Middlesbrough Voluntary Development Agency, You've Got This – South Tees, Culture and Tourism – Redcar and Cleveland Council, Middlesbrough Council – Voluntary Sector Liaison and Grants Team and Redcar and Eston School Sport Partnership.

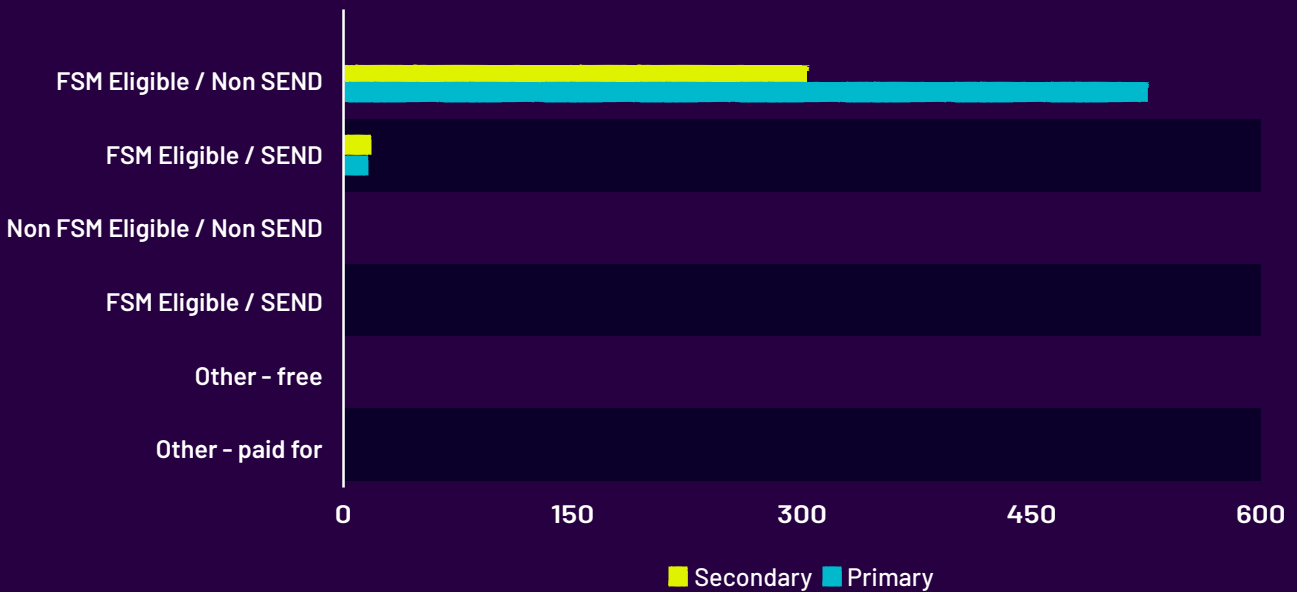
Highlights / Key data

9,690 children and young people within Middlesbrough were eligible for benefit related free school meals within 2022/23.

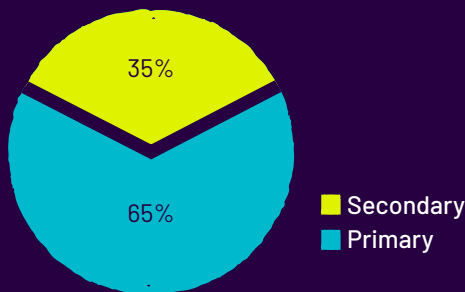
The HAF provision successfully achieved the following:

Easter 2022

Attendance



Age



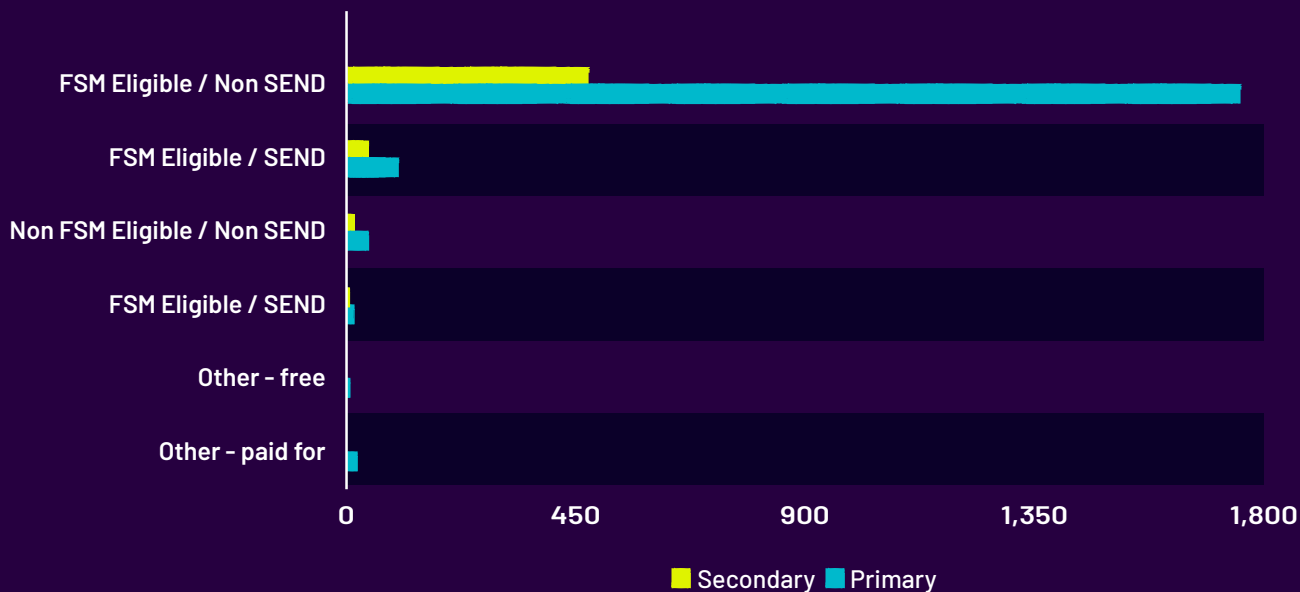
Out of the HAF funded attendees 65% were Primary and 35% Secondary.

FSM Reach

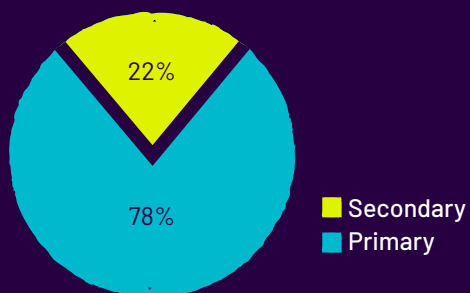


The total number of FSM children and young people in Middlesbrough in 2022 was 9,690, so the HAF project reached 9% of these eligible FSM children and young people in Easter 2022.

Attendance

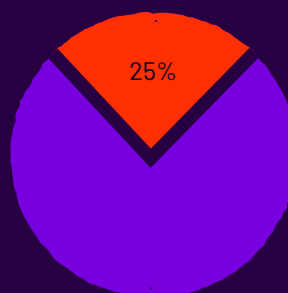


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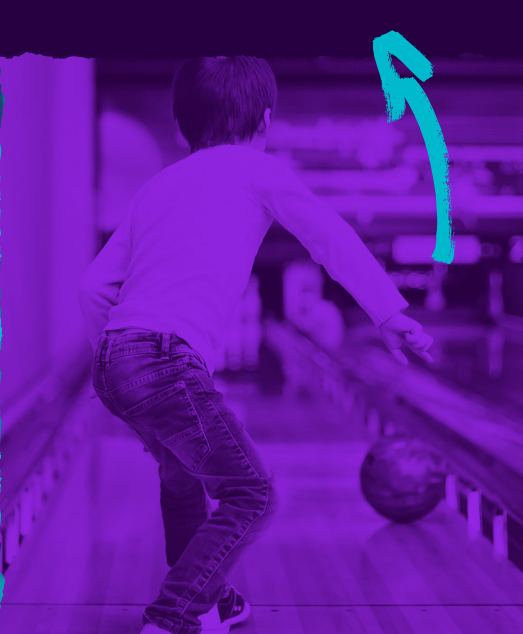


Out of the HAF funded attendees 78% were Primary and 22% Secondary.

FSM Reach

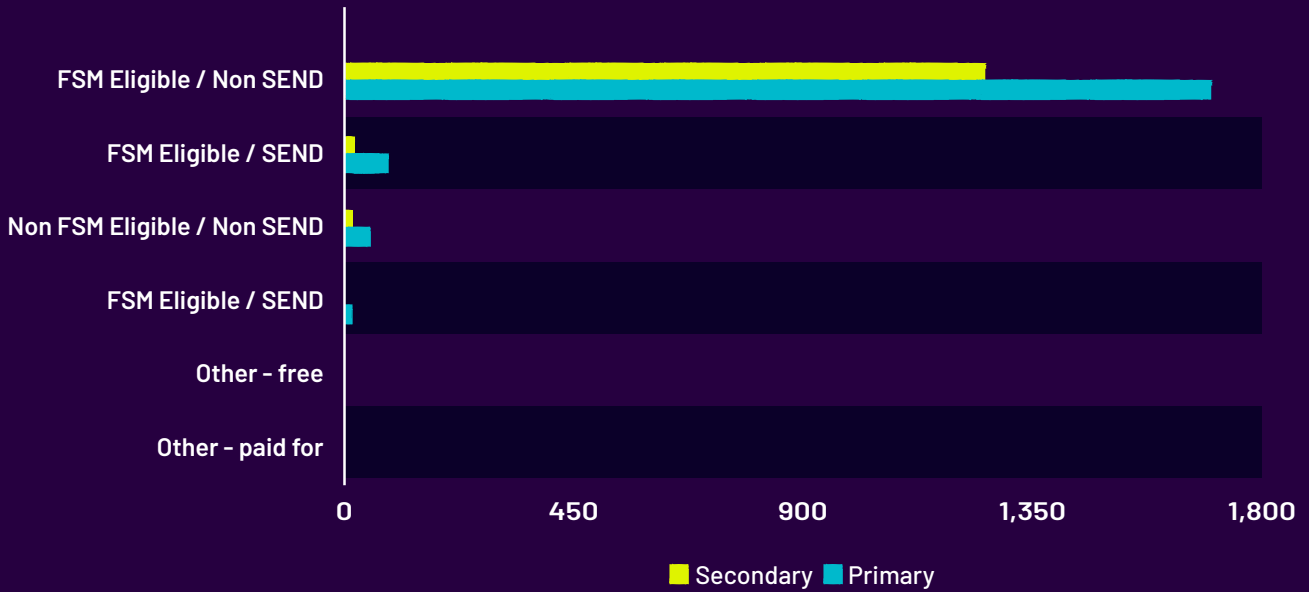


The total number of FSM children and young people in Middlesbrough in 2022 was 9,690, so the HAF project reached 25% of these eligible FSM children and young people in Summer 2022.

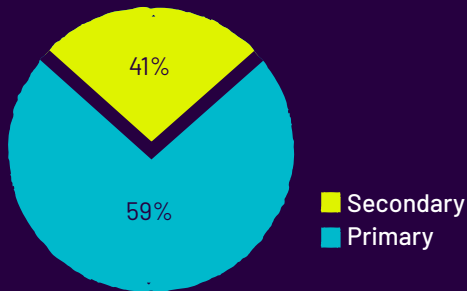


Christmas 2022

Attendance

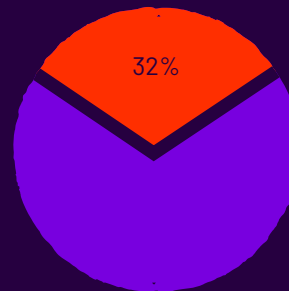


Age

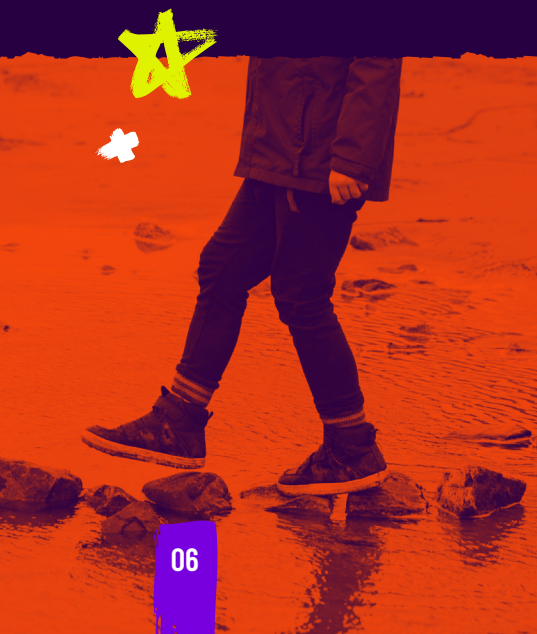


Out of the HAF funded attendees 59% were Primary and 41% Secondary.

FSM Reach



The total number of FSM children and young people in Middlesbrough in 2022 was 9,690, so the HAF project reached 32% of these eligible FSM children and young people in Christmas 2022.



Providers

Middlesbrough had the following number of providers delivering at each HAF delivery period:

Easter 2022

17

Summer 2022

27

Christmas 2022

45

These providers were schools, charities, social enterprises, commercial companies, and other types of organisations.

All providers achieved their intended outcomes and delivered good quality HAF programmes to those children and young people who attended. Quality Assurance visits were carried out on each provider who delivered to ensure those children and young people who attended the HAF programme accessed quality provision in line with the DfE requirements.

Physical Activity, Enrichment & Food

Each provider who delivered a HAF programme at Easter, Summer and Christmas delivered a programme that offered a minimum of 60 minutes physical activity daily, a wide enrichment offer and a school standard nutritious meal.

Providers undertook mandatory training on school food standards and menu reviews were performed on each, where feedback and recommendations were given, to ensure each child received the best possible meal daily. External food caterers that provided food to those providers not registered as food businesses also undertook the same training.

Each provider delivered nutritional education to those attending and many provided the families with this information to take home. Children and young people developed cookery skills and participated in food workshops within their HAF clubs.

Each child also received a Pot Gang home growing kit at each provision, during each delivery period, to take home and grow vegetables with their families. Information on recipes and ideas for use were provided alongside these.

All providers who delivered HAF programmes within 2022 also ensured signposting and referrals were made for families and their children and young people where applicable. Information was targeted at specific areas within Middlesbrough to link in with local priorities.

Marketing & Reach




Since Summer 2022 Coordinate Sport, provides the booking platform for parents / carers to use to book their child onto available HAF provision. Providers upload their offer, and this is promoted via schools, organisations, council departments, providers, social media and the council website. This has increased reach and has allowed providers to use a secure system to manage their HAF provision.


The link for the booking system is

 <https://middlesbroughredcarcouncil.coordinate.cloud>


Key Findings & Challenges



Primary attendance was higher at the Easter and Summer delivery periods, however during the Christmas delivery period the secondary attendance dramatically increased. This suggested that provision available for the secondary aged young people during the Easter and Summer delivery periods was not suitable or did not meet their needs. The programme at Christmas focused on developing this for the young people and the increase in attendance suggests that the programme was meeting their needs and was suitable for them. The programme needs to continue to ensure that both age ranges are suitably catered for, and variety grows.



SEND attendance was low overall – although did improve throughout the year. This area needs to improve and develop with the right partners, so all eligible children and young people can attend the HAF programme.



The HAF programmes throughout the year have seen an increase in attendance of those eligible for FSM. The partners involved within the programme are delivering well and the offer for the eligible children and young people is progressing well. However, this needs to continue, and the voice of the children and young people needs to be implemented into the programme to ensure this continues.

Funding

Middlesbrough were allocated £1067,410.00 for 2022/23.

The following details the breakdown of the actual spend of the funding:

Expenditure Type	£
Administrative Expenditure (this includes all of the costs incurred carrying out the administrative functions of the HAF coordination within Middlesbrough)	£105,371
Capital Expenditure (this includes any equipment purchased to support the programme that meets the definition for capital expenditure, as set out in the HAF guidance on gov.uk)	£997
Programme Expenditure (this includes all of the costs of providing free HAF places, including payments to providers and third parties for services provided)	£892,976
TOTAL EXPENDITURE (for 1 April 2022 to 31 March 2023)	£999,344



Quotes

I'm so excited for today.

I loved our trip to the beach - I have never been before.

I don't want the summer club to end!

This is what Christmas is all about, what a great day for the children - smile after smile, thank you to everyone involved.

Thank you UCA and HAF for letting Mr Leighton and his team make Christmas Dreams come true.

All that have attended have been totally awe inspiring in the way they get on with whatever we put before them, fitness/dancing sessions as well as the music sessions.








All the children had a great time, making new friends and experiencing new things.

She has loved coming across the whole summer. I am so pleased I signed her up for it. She has made some new friends and loved the activities.

Plans



Plans for the 2023/24 Middlesbrough HAF Programme

-  Continue to develop the HAF programme.
-  Develop the SEND offer.
-  Increase the number of eligible children and young people attending the HAF Programme.
-  Develop and implement the programme of Young Inspectors that act as a voice of the children and young people within the programme.
-  Ensure the HAF programme addresses and supports the wider outcomes and priorities within Middlesbrough.
-  Offer those children and young people not in receipt of FSM, but in need to support, places (free or paid) within the HAF programme.
-  Plan for sustainability and ensure legacy of the programme.

